

Kidney Stones Treatment

Hey there! Here is a short talk on the causes of kidney stones which are one of the most painful conditions to suffer from!

But what if I tell you, it can be prevented? Of course, once you get kidney stones, you would need to get rid of them in a gentle but effective way. Nevertheless, it is also important to prevent the formation of new kidney stones too!

So, pause for a minute, step away from your blender or juicer where you make every day a “healthy” smoothie or a cup of juice, and tune in!

Have you been suffering from kidney stones?

Should you need more help with managing the symptoms and finding out the root cause of kidney stones, schedule a consultation with Zhanna Tarjeft, FNP [Here](#).

[BOOK AN APPOINTMENT](#)

Zhanna Tarjeft, FNP-BC is a Functional Medicine Family Nurse

Practitioner specializing in gut health issues such as SIFO (Small Intestinal Fungal Overgrowth), SIBO (Small Intestinal Bacterial Overgrowth), leaky gut, IBS, Mold illness (CIRS, Biotoxin illness) and in thyroid disorders such as hypothyroid and autoimmune thyroiditis (Hashimoto's autoimmune thyroiditis). For more information on how to become a patient, please contact our office.

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