

Hyperthyroidism and Grave's Disease

Grave's Disease is not given enough attention in social media. So, I decided to do a more basic explanation of what to do if you were diagnosed with hyperthyroidism.

Unfortunately, conventional medicine treats different autoimmune diseases (presentations) as if there were completely different issues with unknown causes (unknown etiology). Functional medicine considers different root causes and considers the intestinal permeability (aka "leaky gut") as one of the important causes/symptoms of any autoimmune disease.

To start addressing it, usually, I recommend gluten- and dairy-free diets. See my explanation below.

Have you been diagnosed with HYPERthyroidism or Grave's disease?

Should you need more help with managing the symptoms and finding out the root cause of SIBO, schedule a consultation with Zhanna Tarjeft, FNP [Here](#).

[BOOK AN APPOINTMENT](#)

Zhanna Tarjeft, FNP-BC is a Functional Medicine Family Nurse Practitioner specializing in gut health issues such as SIFO (Small Intestinal Fungal Overgrowth), SIBO (Small Intestinal Bacterial Overgrowth), leaky gut, IBS, Mold illness (CIRS, Biotoxin illness) and in thyroid disorders such as hypothyroid and autoimmune thyroiditis (Hashimoto's autoimmune thyroiditis). For more information on how to become a patient, please contact our office.