

# Cauliflower Side

Have you tried a new on the block baby cauliflower from Trader Joe's? I am obsessed with the cauliflower



## Directions:

1. Pick up a bag from Trader Joe's.
2. Wash and pat dry with a paper towel.
3. Drizzle with avocado oil and add salt and pepper to taste.
4. Set oven on low broiling option, set the cooking sheet into the oven for 5-10 minutes. Check on it in the middle to not overcook.

Overcooking will cause it to be soggy and more like boiled and mushy instead of crispy.