

# “Adrenal Fatigue” or HPA-Axis Dysfunction

Should you need more help with managing the symptoms and finding out the root cause of your health issues, schedule a consultation with Zhanna Tarjeft, FNP [Here](#).

[BOOK AN APPOINTMENT](#)

*Zhanna Tarjeft, FNP-BC is a Functional Medicine Family Nurse Practitioner specializing in gut health issues such as SIFO (Small Intestinal Fungal Overgrowth), SIBO (Small Intestinal Bacterial Overgrowth), leaky gut, IBS, Mold illness (CIRS, Biotoxin illness) and in thyroid disorders such as hypothyroid and autoimmune thyroiditis (Hashimoto's autoimmune thyroiditis). For more information on how to become a patient, please contact our office.*

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